# Ben Newman

Speaker | Author | Performance Coach

@ContinuedFight

The BURN 🔥 Podcast

**MEET BEN NEWMAN.** You may have seen him running up the sidelines as a Mental Performance Coach for your favorite sports team or recognize him for his bestselling books, The STANDARD and UNCOMMON Leadership.

He's an Entrepreneur, Investor, 2x Wall Street Journal Bestselling Author, Philanthropist, **AND THE NATION'S TOP CONTINUAL PEAK PERFORMANCE COACH.**

**Internationally-Renowned Speaker.** Ben's authentic, powerful, and engaging storytelling has become internationally recognized and has been a featured speaker at the world's biggest business, sports, finance and motivational events. He has shared the stage with Jerry Rice, Ray Lewis, Colin Powell, Ed Mylett, Jackie Joyner-Kersee, Jon Gordon, Tim Grover, Eric Thomas, Tony Dungy, Brian Tracy, Jenna Kutcher and other legends in the world. **Ben was selected by USA Today as one of the TOP 5 Mindset & Performance Coaches in the World, Influencive.com selected him as one of the TOP 10 Motivators in Sports and Real Leaders Magazine selected him as one of the TOP 50 Speakers in the World the last five years.**

**Performance and Mental Conditioning Coach for some of today's greatest professional athletes and highest performing teams in the NFL, NBA, PGA, MLB, UFC and NCAA.** Ben has worked with coaches and players from the last 6 Super Bowl Champion teams and currently serves as the Performance Coach for the Big 12 Champion Kansas State football team in his 10th season (3 National Championships at North Dakota State) with Head Coach Chris Klieman. Ben served 5 years as the Mental Conditioning Coach for the 18x National Champion Alabama Crimson Tide football team. Lastly, Ben also has served at his alma mater as a Performance Coach for Michigan State University's football and basketball programs.

**For the last two decades, Ben has been serving as the Peak Performance Coach for the top 1% of financial advisors globally and for Fortune 500 business executives.** Ben's clients have included: Google, Microsoft, United States Army, Anheuser-Busch InBev, Quicken Loans, MARS Snackfoods, AstraZeneca, Northwestern Mutual, AFA Singapore, Mass Financial Group, Frontier Companies, Wells Fargo Advisors, Great West Life Canada, Boston Medical Center, Boys & Girls Club of America, New York Life as well as thousands of executives, entrepreneurs, athletes and sales teams from around the globe.

Millions of people and some of the top performers in the world have been empowered by Ben through his books, educational content, coaching programs, podcast, and live events.

Ben is also the host of the top podcast, The Burn, where he takes you into the minds of some of the highest performers in sports and business to tell their full story.

Ben lives in his hometown of St. Louis, Missouri with the true measure of his success, his wife, Ami, and their children, J. Isaac and Kennedy Rose.

***"YOUR success is not just about changing YOUR habits, it's about changing the way YOU think."***
-Ben Newman

2x BEST SELLER WALL STREET JOURNAL

RealLeaders™ 2019, 2020, 2022, 2023, & 2024 TOP 50 SPEAKERS IN THE WORLD

INFLUENCIVE TOP 10 MOTIVATORS IN SPORTS

USA TODAY TOP 5 Mindset & Performance Coaches in the World

To learn more or to book Ben, please contact Anna Jones at AJones@BenNewman.net or visit www.BenNewman.net